

MAKE YOU HAPPEN

OVERVIEW: When you *Live Your Purpose On Purpose*, you seek to cut out neglect, negligence, and negativity. Instead, you get in touch with your true nature: your natural strengths, your challenges, and the unique higher capacity you possess that will help you overcome internal and external obstacles to achieving your ideals.

THIS IS ABOUT GROWTH AND RESULTS, REGARDLESS OF SITUATION OR ADVERSITY.

When you *MAKE YOU HAPPEN*, you become aware of your ability to be you in every situation—to choose your thoughts & actions; to pay attention to cause-and-effect: and to make increasingly better decisions that create the life you want to lead.

HIGHLIGHTS & TAKEAWAYS:

- **Maximum YOUtilization** – getting in touch with one’s full potential and abilities.
- **Break You to Break Through** – hacking the psychology and neurology of emotions.
- **A Part, Not Apart** – turning the unfavorable into opportunity for growth.
- **All In** – harnessing the power of diversity (direct multiple parts to a central goal); a 5-step approach to comprehensive progress.
- **The + Life** – a simple method for evaluating thoughts and actions to develop better decisionmaking skills.
- **Live Heroically** – life can be your own hero’s journey; being a hero means living your ideal.

Let’s Stay In Touch:



HeatherMarcus


Seminar formats include: half-day and full-day sessions, or the popular 2-hour Lunch&Learn session. Longer curriculum-style training is available on request.



HEATHER MARCUS *Make You Happen*

A self-described “mohawked mixed chick with a Doctorate”, Heather is a diversity & inclusion frameworks expert—the natural result of, literally, a lifetime of experience. She became a college professor before age 30, appeared on the Tyra Banks Show to talk “Sisterhood” before the topic was a trend, and has spoken at graduations and to sports teams all in the pursuit of inspiring people to be their best.

A former Division 1 athlete, Heather played volleyball at Baylor University and Texas Woman’s University. She holds many school records, and even returned to TWU to coach the volleyball team.

Heather holds a JD from  School of Law where she was also a nationally-decorated trial advocate.